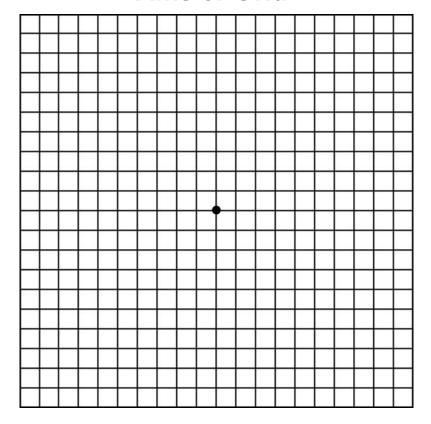


Amsler Grid



Instructions:

- 1. Stand at arm's length from the grid.
- 2. Put your glasses on, if you normally wear glasses.
- 3. Cover one eye.
- 4. Focus on the dot at the center of the chart, with the uncovered eye.
- 5. If any lines appear wavy, distorted, or are missing, take note.
- 6. Repeat the procedure for the other eye.
- 7. If you note any lines appearing wavy, distorted, or are missing, contact your eye care professional.